



2023 MCC Bike Ride



Freeman, S.D.
Friday, July 21

Rider Name: _____ Birthdate: ____/____/____

Address: _____ City: _____ State: ____ Zip: _____

E-mail: _____ Phone Number: _____

Riders of all ages and experience levels welcome! Please give what you can; donations for this year's ride will support MCC's relief work to support displaced individuals in Ukraine.

Helmets are required for all riders!

Check-in: 6:30 p.m. **Start time:** 7:00 p.m.

Location: Freeman Academy Sterling Hall Parking Lot

Distance: 10K and 2 miles

No prizes will be awarded for either event.

Registration forms available online at:

<https://sdmccreliefsale.weebly.com/bike-ride.html>

Mail completed form and check payable to:

SD MCC Relief Sale

Box 764

Freeman, SD 57029

I hereby acknowledge that cycling can be a dangerous activity. These dangers include, but are not limited to the following: weather, vehicle traffic, temperature, equipment, or other riders. By signing this waiver, I agree to follow all rules of the road and agree to stay on the designated route. I am physically fit and in proper health for participation in this event and have not otherwise been advised by a qualified medical consultant. I am responsible for my own equipment. I consent to receive medical treatment in the case that it is recommended or required. In no way will I hold MCC, its staff, directors, officers or its volunteers liable for any accident that may occur involving myself, my equipment, or others.

Signature of rider: _____ Date: _____

Signature of Parent or Guardian for minor participants:

Signature: _____ Date: _____

Questions? Contact 312-998-0949 or sdmccreliefsale@gmail.com